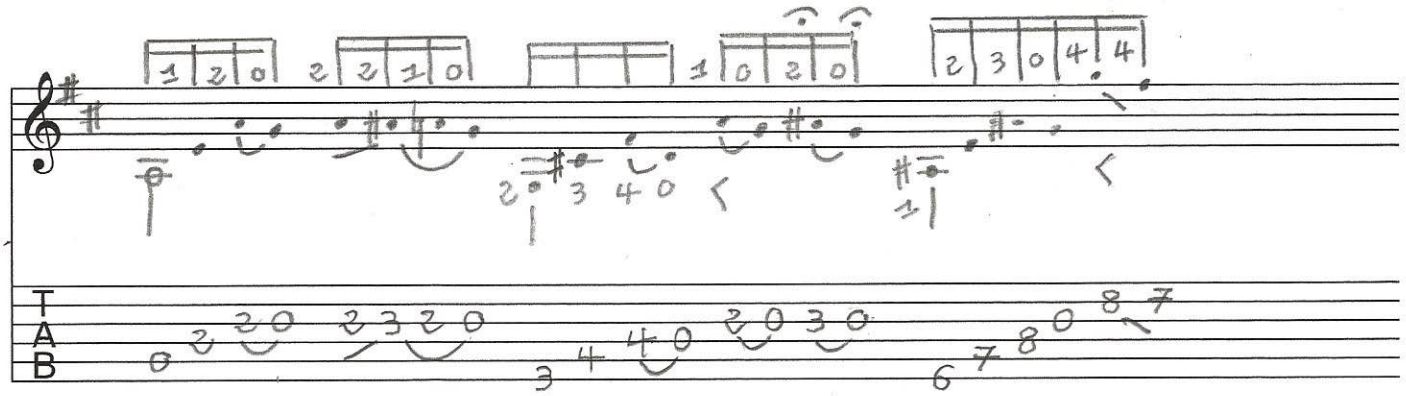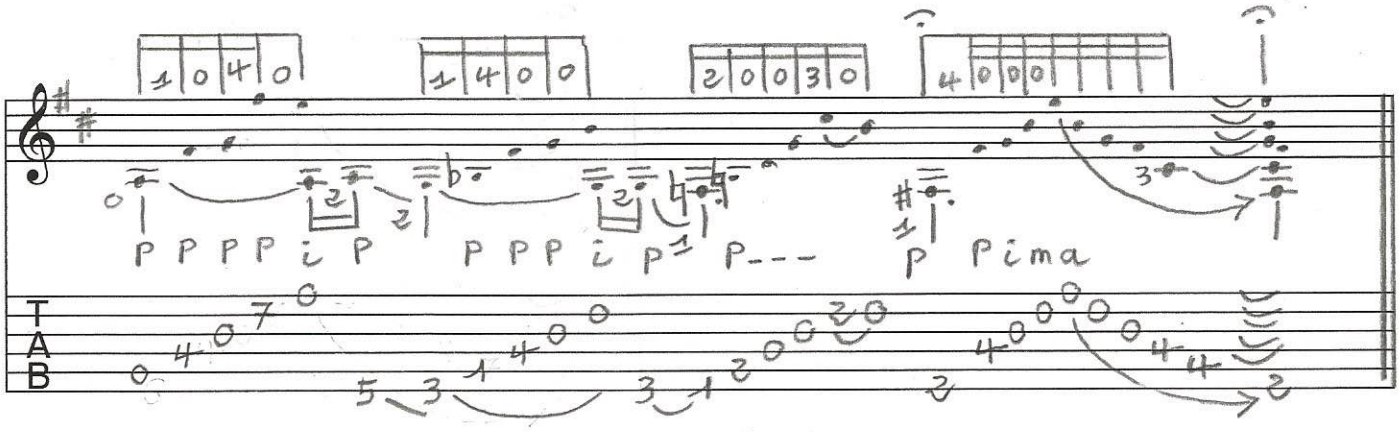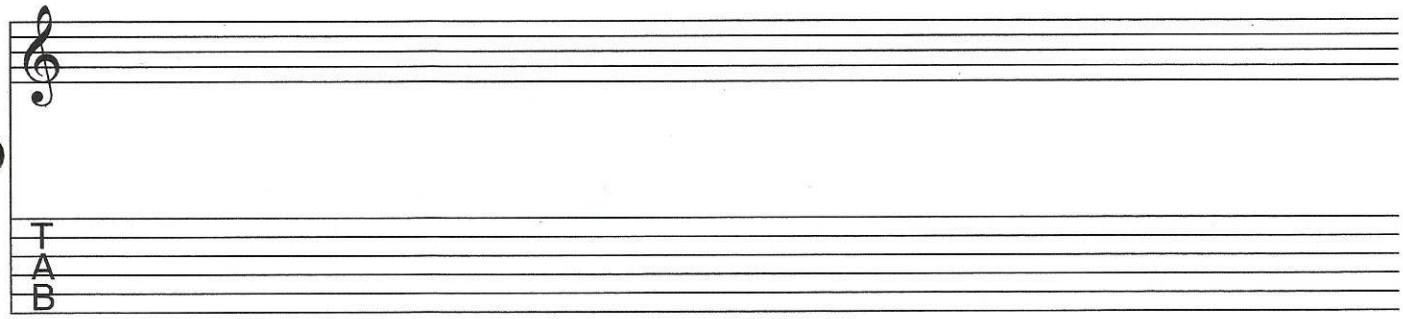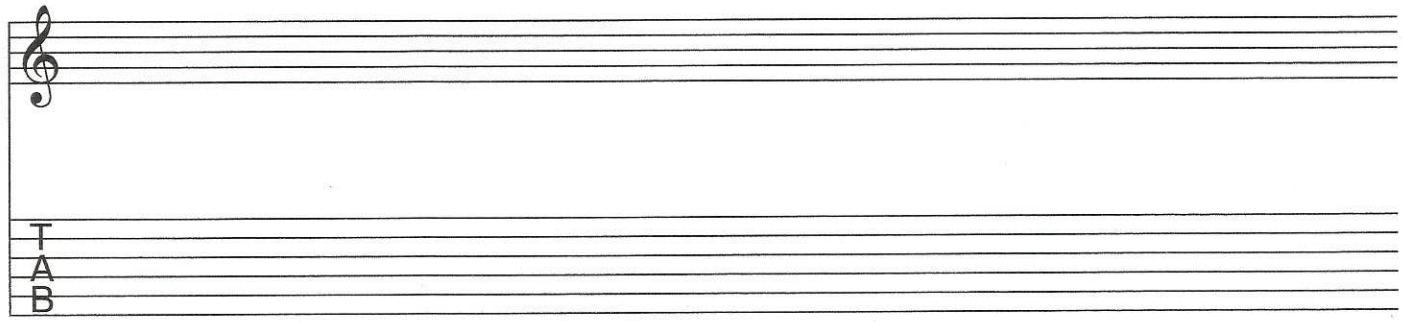Taranta